Girl Get Real Podcast

Finding the Right Man: What Does God Say About Marriage?

Study Guide

A faith-centered reflection guide inspired by the conversation with Savanna Triplett and Ashley Torres.

“Don’t rush the process.”

This episode explores singleness, waiting, choosing a spouse, godly character, marriage, ministry, submission, culture, and the beauty of growing together. The goal of this guide is not simply to ask, “Am I going to find the right person?” but also, “Who is God shaping me to become?”

Opening Prayer

Lord, help me slow down and trust Your timing. Give me wisdom to recognize character over appearance, patience when I am waiting, and humility to allow You to shape me. Help me evaluate relationships through Your Word, seek wise counsel, and prepare my own heart for the kind of marriage that honors You. Amen.

1. The Big Idea

A major theme of the conversation is that marriage should not be approached as something to rush into simply because we are tired of waiting. Savanna and Ashley emphasize patience, godly counsel, biblical discernment, character, and preparation.

The conversation also challenges the idea that the most important qualities in a future spouse are appearance, chemistry, status, or other surface-level preferences. Instead, the speakers repeatedly return to spiritual character, steadiness in difficult seasons, responsibility, pursuit, leadership, humility, and a willingness to grow.

Episode takeaway: Waiting is not wasted time. It can be a season in which God develops patience, wisdom, discernment, character, and readiness.

2. What Does a Godly Spouse Look Like?

For the woman who is looking:

The episode encourages women to look beyond questions such as, “Is he attractive?” or “Can he provide?” and to consider whether a man demonstrates a life that reflects his faith. The speakers specifically discuss spiritual leadership, steadiness when life gets difficult, financial responsibility, pursuit, and whether she can trust his leadership.

For the man who is looking:

The conversation turns the questions inward: “Am I representing Jesus?” The speakers emphasize responsibility, provision, leadership, perseverance, financial maturity, and the willingness to press into difficult seasons rather than run from them.

Heart check: Instead of making a list only of what you want in a spouse, make a list of what kind of spouse you are becoming.

3. Waiting Without Rushing

Ashley asks what Savanna learned while waiting. Savanna points to patience, caution, godly counsel, and weighing choices through Scripture. The episode uses Jacob and Rachel as an example of a long biblical waiting period and stresses that different people have different timelines.

Reflect:

• Where am I tempted to rush because I am tired of waiting?

• Am I asking God for wisdom, or am I asking Him to approve what I already want?

• Who are the godly people in my life who can lovingly challenge my relationship choices?

• When someone I trust raises a concern, do I become defensive or willing to listen?

• What might God be developing in me during this season?

Related Scriptures to Meditate On

• Proverbs 3:5–6 — Trusting God rather than leaning entirely on our own understanding.

• James 1:2–4 — Letting perseverance develop maturity.

• Proverbs 11:14 — The value of wise counsel.

• Psalm 27:14 — Waiting on the Lord with courage.

4. Confirmation & Discernment

Savanna explains that her confirmation about Tyler came through his response to a difficult situation very early in their relationship. Rather than pulling away when things became complicated, he responded with prayer, commitment, and a willingness to work through the situation.

The important lesson for this study guide is not to copy someone else's exact story of confirmation. The speakers themselves acknowledge that confirmation can look different for different people. Instead, examine the fruit and character you are seeing over time.

Discernment Questions

• How does this person respond when things do not go their way?

• Do their actions consistently support their words?

• How do they handle conflict, disappointment, responsibility, and correction?

• Do they encourage you toward Christ or pull you away from Him?

• What do trusted, mature believers see that you may not be seeing?

• Are you evaluating character over time, or making decisions based mainly on feelings?

5. Look Beyond the Surface

One of the clearest challenges in the episode is to reconsider the qualities we automatically prioritize. The speakers joke about height, hair color, looks, and other preferences, but the deeper point is serious: a spouse is more than a collection of physical preferences.

The conversation suggests that a future spouse should be considered in light of calling, character, faith, responsibility, and the kind of life you are building together.

Ask yourself:

• What preferences have I elevated into requirements?

• Which qualities are genuinely important for a healthy, Christ-centered marriage?

• Could culture, social media, entertainment, or past experiences be shaping my expectations?

6. Marriage & Ministry

The episode gives significant attention to balancing marriage and ministry. Savanna describes Tyler as someone who supports her calling through practical, behind-the-scenes service. She also emphasizes that ministry should not become an excuse to neglect marriage.

One of the episode's strongest practical ideas is intentional connection. Even when both spouses are busy, Savanna describes taking a short break during the day to check in with Tyler.

Marriage & Ministry Check-In

• Have I ever allowed ministry, work, school, church, or serving others to consistently crowd out my closest relationships?

• What does intentional connection look like in my current season?

• If I am married, does my spouse know what I am carrying right now?

• If I am preparing for marriage, am I learning how to communicate and make room for another person?

• What would it look like to honor both calling and covenant rather than treating them as competitors?

7. The Pride & Submission Conversation

A major portion of the episode focuses on the speakers' Christian understanding of submission and marital leadership. Savanna shares that she initially resisted allowing Tyler to lead and later came to view her resistance as an area of pride that needed to be surrendered.

The speakers distinguish submission from a woman having less value. They describe it instead as an ordered role within marriage and connect it to surrendering to God's will. This section reflects the speakers' particular biblical and theological interpretation of marriage.

Personal Reflection

• What does the word "submission" make me feel or assume?

• Which parts of marriage make me most uncomfortable because they require humility?

• Where do I struggle with control?

• Am I willing to let God correct attitudes in me that I would rather defend?

• How can humility and mutual honor shape the way I approach marriage?

8. Culture, Entertainment & Relationship Expectations

Savanna and Ashley discuss the influence of movies, music, celebrity culture, and social messages on expectations about love, masculinity, femininity, and marriage. They specifically challenge the idea that instability, constant conflict, or disrespect should automatically be interpreted as passion.

Their broader challenge is to examine the messages we consume instead of allowing entertainment to quietly define what love should look like.

Media Heart Check

• What relationship messages have I repeatedly consumed through music, movies, shows, or social media?

• Do those messages align with the kind of marriage I say I want?

• Have I confused emotional intensity with healthy love?

• What examples of healthy, Christ-centered relationships am I intentionally allowing into my life?

Related Scriptures to Meditate On

• Romans 12:2 — Being transformed rather than simply shaped by the patterns around us.

• Philippians 4:8 — Directing our minds toward things that are true, honorable, pure, and worthy of praise.

• Ephesians 5:21–33 — The biblical passage discussed in the episode's marriage framework.

• Genesis 2:18, 24 — God's design for companionship and becoming one flesh.

9. A Marriage That Helps You Grow

Savanna describes marriage as exposing areas that needed maturity. She identifies pride as one of the major things God confronted in her. She also describes Tyler as someone who encouraged her, prayed for her, reminded her of Scripture, and supported her during discouraging seasons in ministry.

The episode presents marriage not as a place where two perfect people arrive, but as a relationship where two people continue growing, learning, receiving grace, and becoming more mature.

Reflect:

• What character issue might God be asking me to surrender before marriage?

• Do I want a spouse who only affirms me, or someone who can lovingly challenge me?

• How do I respond when someone points out something I need to change?

• Am I preparing to give grace for mistakes, miscommunication, and growing pains?

10. Couple Conversation: If You Are Married

Set aside 20–30 minutes and answer these without interrupting one another:

1. What makes you feel most supported by me right now?

2. Where do you feel like we could communicate better?

3. Is there an area where ministry, work, family, or other responsibilities are competing with our marriage?

4. What is one practical way I can make you feel pursued and valued this week?

5. What is one area where you would like us to grow spiritually together?

6. What is one thing you are thankful God has built into our marriage?

11. If You Are Single: Preparation, Not Panic

The episode repeatedly encourages patience rather than panic. Use this season to grow in your relationship with God, character, wisdom, emotional maturity, responsibility, and discernment rather than treating singleness as a problem that must immediately be solved.

Write your own preparation list:

Area	**What God may be developing in me**
Spiritual life	_____
Character	_____
Communication	_____
Finances / responsibility	_____
Emotional maturity	_____
Boundaries / discernment	_____
Calling / purpose	_____

12. Put It Into Practice This Week

Choose one action instead of trying to change everything at once:

■ Spend intentional time with God before making a major relationship decision.

■ Ask a trusted, spiritually mature person for honest counsel.

■ Identify one relationship expectation that may be shaped more by culture than Scripture.

■ Apologize for one area where pride has affected a relationship.

■ If married, intentionally check in with your spouse without phones or distractions.

■ Write down the character qualities you want to develop before marriage.

■ Pray specifically for wisdom rather than simply asking God to make a relationship work.

Closing Reflection

The conversation ends with gratitude for a marriage that has brought growth, peace, support, encouragement, and partnership in ministry. For this episode, the central question is not simply whether marriage is worth waiting for. It is whether we are willing to let God shape us while we wait—and whether we

will recognize character, covenant, humility, and faithfulness when the time comes.

What is the biggest thing God is showing you through this episode?

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Prayer

Lord, teach me to wait without fear, choose with wisdom, and love with humility. Shape my character before I ask for a relationship. Help me recognize what is healthy, godly, and aligned with Your Word. If marriage is part of my calling, prepare me to enter it with maturity, grace, humility, and a heart surrendered to You. Amen.

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